Rise Up

I learn to listen to the stirrings of my soul
And wherever I may go
I'm surrounded by your love
I look around
And in everything I see
There's peace and harmony
Shining down on me from above

When I rise up
To begin another day
Your words are my reminder
When I'm home and on my way
And when I lie down
Just before I close my eyes
I say a prayer of gratitude for my life

In every moment
In every blade of grass
In the faces that I pass
There's a spark of holy light
And if I'm worried
About what the day will bring
I just listen to you sing
And I know everything is all right

When I rise up
To begin another day
Your words are my reminder
When I'm home and on my way
And when I lie down
Just before I close my eyes
I say a prayer of gratitude for my life

So many things out in the world
All grab for our attention
It's easy to forget just who you are
But noticing the little things
And counting all of our blessings
Will keep an open heart

So when you rise up
To begin another day
Keep these words as your reminder
In your home and on your way
And when you lie down
Just before you close your eyes
Say a prayer of gratitude for your life

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