God Is In The Air

As I breathe God into my eyes
I realize that I'm not alone
As the sunlight shines on my head
The love starts to spread
I feel like I'm going home

As I breathe God into the space I've made
I open up
I am not afraid
As I breathe God in with a simple prayer
I am filled with life
Because God is in the air

As I breathe God into my back
I start to relax
I start to let go
As the light flows into my heart
My worries depart
My candle begins to glow

As I breathe God into the space I've made
I open up
I am not afraid
As I breathe God in with a simple prayer
I am filled with life
Because God is in the air

As I breathe God into my core
My spirits will soar
I'm on my way
As I breathe God into my legs
I'll never forget
How peaceful I am today

As I breathe God into the space I've made
I open up
I am not afraid
As I breathe God in with a simple prayer
I am filled with life
Because God is in the air

As I breathe God into my toes
I'm fully exposed to all that I hold within
As my body fills up with love
I'm warmed from above
I just have to let it in

As I breathe God into the space I've made
I open up
I am not afraid
As I breathe God in with a simple prayer
I am filled with life
Because God is in the air

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